



ST. ANTHONY'S CATHOLIC CHURCH

5340 4 St. SW Calgary AB T2V 0Z5 403-252-1137 fax 403-255-7796
 info@stanthonysyc.ca www.stanthonysyc.ca

Facebook: St. Anthony's Catholic Parish

Office: Tuesday – Friday 9:30am – 3:00pm Saturday 1:00pm – 4:00pm

3rd Sunday in Lent

March 15, 2020

Fr. Edmund on COVID-19

Following Alberta Health Services guidelines, we remind our families to be vigilant about hand washing, using hand sanitizer in between hand washing, not touching one's face or eyes, and covering coughs or sneezes with one's sleeves/interior elbow (not one's hands!). If your child or if YOU are sneezing, coughing, have a fever, and don't feel well, please stay home and heal. For those who are in our Sacramental Preparation programs, the materials are so well done and laid out for understanding that parents can take over with the teachings at home. We have all videos available online via Growing in Faith, Growing in Christ and YouTube. Our children can catch up and not miss out, even if they are missing their friends. The Children's Liturgy of the Word at the 10:30am Mass is cancelled until further notice. For those who are wondering about missing Mass... yes, being ill is definitely a reason to miss Mass and it is an act of charity to stay home and get better. If you're not sure if you should stay home or not, think about the people in your life who have a pre-existing health condition or are elderly and think about the action you would want OTHERS to take to protect them. We appeal to your respective sense of charity and care for each other. Please exercise "social distancing" to prevent possible transmission of viruses. St. Anthony's Church is taking steps to help prevent the spread of COVID-19, including not distributing Precious Blood at Mass, forgoing handshakes or hugs at the Sign of Peace at Mass and omitting the procession of the gifts. Those who still personally prefer to receive Holy Communion on the tongue, have to go to Fr Edmund on the northside and put out the tongue by at least one (1) inch to facilitate the process. All ministers of Holy Communion are required to sanitize their hands before and after serving communion. We are also spraying and wiping the pews and other frequently touched items and areas **AFTER EVERY SERVICE.**

(Continued on Page 2)

Weekend Schedule

Saturday	Confessions	4:00 pm
	English Mass	5:00 pm
Sunday	Confessions	6:45 am
	Low Latin Mass	7:15 am
	Morning Prayer	8:30 am
	English Mass	9:00 am
	English Mass	10:30 am
	Confessions	Noon
	Sung Latin Mass	12:30 pm

Weekday Schedule

Monday	Confessions	6:30 am
	Latin Mass	7:00 am
	Confessions	8:30 am
	English Mass	9:00 am
Tuesday	Confessions	6:30 am
	Latin Mass	7:00 am
	Confessions	8:30 am
	English Mass	9:00 am
Wednesday	Stations of the Cross	6:00 pm
	Confession	11:30 am
	Latin Mass	Noon
	Confession	6:30 pm
Thursday	English Mass	7:00 pm
	Lenten Mission	7:30 pm
	Confession	8:30 am
	English Mass	9:00 am
Friday	Exposition of the Blessed Sacrament	9:30 am
	Latin Mass	Noon
	Confessions	6:00 pm
	Benediction	6:30 pm
Saturday	Latin Mass	7:00 pm
	Confession	8:30 am
	English Mass	9:00 am
	Confessions	6:00 pm
Saturday	Latin Mass	6:30 pm
	Stations of the Cross	7:30 pm
	Confessions	8:00 am
	Latin Mass	9:00 am

Pastor Fr. Edmund Vargas ext 224 or 587-349-9615
Associate Pastor Fr. John Shannon, FSSP ext 226 or 403-714-7361
In Residence Fr. John Petravicius, Fr. Clauber Pereira Lima
Deacon Ron Nowell
Music Director John Morgan
Sacramental Preparation Dorothy Loucks ext 232

Secretary Heather Schilling ext 222
Office Assistant Marta Lopez
 & Dianne McKay ext 221
Bookkeeper Magda Aguilon ext 223
Accountant Maria Teresa Velez ext 223
Janitorial Service Polmax Ecology Cleaning Ltd

Altar Servers Jeffrell Painaga **Building Committee** Vacant **Children's Liturgy** Raneer and Riza Fallorin **Art & Environment** Gill Briscoe
Finance Committee Don Goodfellow **Pantry** Abe Villanueva **Funeral Altar Servers** Robert de Moissac **Funeral Receptions** Dianne McKay
Hospitality Coordinator Dianne McKay **Knights of Columbus** Abe Villanueva **Legion of Mary Jr.** Audrey Martis **Legion of Mary** Oneill Martis
Liturgy Coordinator Heather Schilling **Pastoral Care of the Sick** Marlene Robertson **Pastoral Council** Kevin Leitch **Pro-Life** Maria Cameron
RCIA Vancant **Together in Action (TIA)** Vacant **Ushers** Josue Laro

Pastoral Notes

Water & faith

This biblical imagery of water is best summarized by the formula for the blessing of the water for baptism: "At the dawn of creation your Spirit breathed on the waters, making them the wellspring of all holiness. The waters of the great flood you made the sign of the waters of baptism that make the end of sin and a new beginning of goodness. Through the waters of the Red Sea, you led Israel out of slavery to be an image of God's holy people, set free from sin by baptism. In the waters of the Jordan, Your Son was baptized by John and anointed with the Spirit. Your Son willed that water and blood should flow from His side as he hung upon the cross..."

Thirst, resulting from the absence or deprivation of water, becomes a metaphor for the need for God, for His saving love and forgiveness. When Christ was dying on the cross, one of his last statements was "I thirst!" The concluding words of the Book of Revelation (Rev. 11.17) state: "Let him who is thirsty, come forward; let all who desire it accept the gift of life-giving water." The fulfillment of God's plan of salvation is often described as the quenching of death-dealing thirst with life-giving water.

Jesus speaks of God's overflowing love when He tells the Samaritan woman at the well: "The water that I will give will become in them a spring of water gushing up to eternal life." In a way, the Samaritan woman represents every infidelity borne of trying to quench our cravings on something other than the "living water" of God's love. We indeed are thirsty for healing, for an end to hatred and indifference. We are thirsty for love and forgiveness. We are thirsty for acceptance and meaning in our lives. In our hearts, we thirst for God to fill us with life-giving water that only He can give.

This season of Lent speaks of this thirst of the human spirit. Lent is a journey of the soul through the desert into the living water of Christ's resurrection. As we journey through Lent, let us ask God to pour His living water of faith upon all of us, to bless us with the water of life as we journey together in faith. As we make the sign of the cross with the water every time we gather for worship, we recognize and proclaim one faith in one God as we deepen our intimacy with Him.

SILENCE BEFORE MASS "Even before the celebration itself, it is a praiseworthy practice for silence to be observed in the church, in the sacristy, in the vesting room and in adjacent areas, so that all may dispose themselves to carry out the sacred celebration in a devout and fitting manner." (The General Instruction of the Roman Missal (GIRM), No. 45)

HEALING CORNER Victims of domestic violence may maintain a code of silence -never tell on a husband or boyfriend -with the hope that the situation will one day improve. In fact, wife beating, abuse, and violence within the family is given tacit approval as one aspect of home life and it manifests itself through emotional, physical, and verbal assaults on the entire family. Family violence is not limited to simply one culture or class. What, in your opinion, are some of the causes of family violence? What can your church, community, or government do to address this issue? What would Jesus have wanted you to do about the persistence of violence in the family?

FR EDMUND ON COVID-19 (continued from page 1)

We are also closing our Adoration Chapel and suspending 24-hour adoration until further notice. Visitation to the Blessed Sacrament in the church can be accessed through the office during office hours. Our contract cleaners (Polmax) are instructed to adjust disinfecting and cleaning protocols and focus additional time and attention to high-touch areas and surfaces, including but not limited to door knobs/handles and frames, light switches, handrails, desk and table tops, pew backs, etc. Effectively immediately, we are cancelling our hospitality and all social functions involving communal food including Sunday Fellowship, Lenten Supper and funeral receptions until further notice. Our hall is not considered as a "place of worship". We are also cancelling pastoral visitation to Nursing Homes and private homes until further notice. It only takes one (1) confirmed case of infection to shut down our Church and our services. We will continue to follow and implement Alberta Health Services and the Government of Canada risk assessment protocol and directions. We love our St. Anthony's families. And please, stay healthy. If you have any questions, please do not hesitate to ask me!

According to St Ignatius, there are two movements in spiritual life. One movement comes from God. The other one from the Evil one which also moves us away from God. It's the way of the evil one, as St. Ignatius says, to "cause gnawing anxiety, to sadden, to set up obstacles". In this way he unsettles people by false reasons aimed at preventing their progress. Sounds familiar? So don't let the evil one draw you to lies, rumors and panic about the coronavirus. This will just draw us away from God's grace. That interior voice that relies on rumors and leads to panic is not coming from God. Ground yourself instead in reality. What is coming from God? St. Ignatius tells us: God's spirit "stirs up courage and strength, consolations, inspirations and tranquility." So know your enemy! Anything that leads to despair is not coming from God. Anything that builds up hope is. Something really good should come out of this difficult situation. For one thing, we should come out of this crisis stronger and more mature as a community. Paraphrasing C.S. Lewis, "if we are all going to be infected by COVID-19, let that virus when it comes find us doing sensible and human things—praying, working, teaching, reading, listening to music, bathing the children, playing tennis, chatting to our friends over a pint and a game of darts—not huddled together like frightened sheep and thinking about the virus... The virus may infect our bodies but they need not dominate our minds. "Trust in the Lord. Let this crisis bring out what is good and honorable in us." (Cardinal Tagle in Rome)

CONFIRMATION REGISTRATION IS ONGOING UNTIL APRIL 1 The registration package is available on our website stanthonysyc.ca/sacraments/confirmation or email sacrament.prep@stanthonyscalgary.com.

VISIT OUR NEW WEBSITE: STANTHONYSYC.CA

Our Faith in Action

a report from a Together in Action Grant Recipient

Hospice Calgary

Project Funded: Children's Grief Centre



Michael's Story

17 year old Michael and his father, John, were incredibly close. John was charismatic and encouraging of everything his children did. He was constantly laughing and had little time for complaining.

On May 23, 2018, John lost his battle with stage 4 prostate cancer. From this point on, Michael's life was forever changed.

This past spring, Michael stood in front of a crowded room to help us launch the Children's Grief Centre. He wanted to let everyone know the impact our services have had on his life, **the impact your gift has made possible.**

"If you would have seen me six months ago you wouldn't recognize me. I was failing my classes and on the road to dropping out of high school. I was a mess. I thought self-medication was the answer to my grief but, I couldn't have been more wrong".

For Michael, meeting other teens who understood his grief made all of the difference.

"Finding out that there are other kids that are going through the exact same thing you are, it really makes you realize, I am not alone. I am going to be OK. I can deal with this."

"Those self-destructive habits – out the window. I am back in school, planning for university and my family has not been this close since my father passed away".

Thank you for helping Michael and so many others find their way through advanced illness, end-of life, and loss.



Michael and his family (Jane, Patricia, and Mitchell) at the launch of the Children's Grief Centre

2345 CHILDREN, TEENS AND ADULTS

RECEIVED SERVICES THROUGH OUR COMMUNITY HOSPICE AND CHILD
& FAMILY GRIEF COUNSELLING AND GROUP PROGRAMS

3005

HOURS OF DIRECT
FACE-TO-FACE
COUNSELLING TIME

980

HOURS OF GROUP
SUPPORT

1000

HOURS OF
COUNSELLING
OFFERED VIA EMAIL

ADDITIONAL DIRECTIVES | MARCH 13, 2020

HAND CONTACT

Avoid all hand contact. If your parish encourages greeting one another before Mass, please do so without shaking hands. Greeters and clergy should refrain from shaking hands with others before and after gatherings. Individuals should not hold hands during the Lord's Prayer.

BLESSING WITH HOLY WATER

When holy water is required for blessing, fill a clean vessel with fresh water. Bless the water either before or during the celebration. Immediately following the celebration, pour the remaining water down the sacrarium. You should not touch the water with your hands but use an aspergillum.

BAPTISMS

Baptisms may still take place but rather than at the baptismal font, they are to take place in the sanctuary, where a vessel of water should be prepared beforehand. There should be a second empty vessel over which the water will be poured so that the water poured over the person being baptized does not return to the original vessel holding the blessed water. The priest should use a pitcher to pour the water, not his hands. Following the baptism the water should be poured down the sacrarium or into the ground.

COLLECTION BASKETS

Avoid passing the basket from person to person. Take up collections using a basket on the end of a long stick if your church has it or else invite people to place their offering into a basket upon entering or exiting the church. Ushers should be stationed by each basket if they are at the entrance.

GIFTS OF BREAD AND WINE

Omit the procession with the gifts. Keep the gifts of bread and wine covered on the credence table in the sanctuary until they are to be brought to the altar.

SANITIZE SURFACES

All high-contact surfaces in the church including but not limited to pews, door handles, liturgical items, hymnals and musical instruments, should be sanitized between services.



BLESSING NON-COMMUNICANTS

In accordance with diocesan policy, ministers may offer a brief prayer for those in the Assembly who come forward in the communion procession and who are not receiving Holy Communion, such as “May God bless you” or “May God continue the good work in you.” This prayer is to be offered audibly and may not be accompanied by the gesture associated with a blessing, e.g., the raising of the hand or the sign of the cross. Neither ordinary nor extraordinary ministers of communion should touch the individual.

https://www.catholicyc.ca/uploads/6/5/5/7/65570685/2019_11_21_communion_policy_510_001.pdf

HOLY COMMUNION

In addition to the guidelines shared earlier this week, everyone distributing Holy Communion, including the celebrant, should sanitize their hands before and after distribution.

PETITION FOR THE PRAYER OF THE FAITHFUL

For all those suffering worldwide from the coronavirus whether in sickness or from loss, for frontline medical professionals treating those who are ill, for researchers, for all leaders advising, devising, and implementing measures to slow the spread of infection and keep people safe, and for the comfort of all who are isolated, lonely, and fearful, let us pray to the Lord:



PUBLIC GATHERINGS

The most current update as of March 12, 2020 from Alberta's Chief Medical Officer recommended:

- Cancelling gatherings of more than 250 people NOT including places of worship, grocery stores, airports, or shopping centres
- Cancelling events of less than 250 people that are expected to have international participants, critical infrastructure staff, seniors, or other high-risk populations
- Events of fewer than 250 people that do not meet the above criteria can proceed but must have in place risk mitigation such as sanitizer stations, distancing between attendees, and a mechanism for keeping anyone ill from attending.

<https://www.alberta.ca/coronavirus-info-for-albertans>

Provided that the above governmental requirements are met, the diocesan practice will be as follows:

MASSES WILL CONTINUE IN REGULAR PLACES OF WORSHIP

GATHERINGS ARE ALLOWED IF UNDER 250 ATTENDEES

Some examples are:

- Rosary and devotional services
- Adoration
- Indoor/outdoor Stations of the Cross
- Penitential Services
- Parish Missions
- Sacrament preparations
- Youth meetings or events
- Retreats

NOT ALLOWED

- Communal meals and receptions, including but not limited to Coffee Sunday, Funeral Lunches, Lenten soup & bun
- Speakers from outside Canada



MASS INTENTIONS

Monday, March 16

7:00am – Barbara and William Saruga RIP
9:00am – Souls in Purgatory RIP

Tuesday, March 17

7:00am – Barbara and William Saruga RIP
9:00am – Doris Wolters SI

Wednesday, March 18

Noon – special intention SI
7:00pm – Barbara and William Saruga RIP

Thursday, March 19

9:00am – Robert Zawalski RIP
7:00pm – Barbara and William Saruga RIP

Friday, March 20

9:00am – Lisa Dacunha SI
7:00pm – Barbara and William Saruga RIP

Saturday, March 21

9:00am – Barbara and William Saruga RIP
5:00pm – Souls in Purgatory RIP

Sunday, March 22

7:15am – Confraternity of St. Peter SI
9:00am – Stefan Babik RIP
10:30am – All Parishioners SI
12:30pm – special intention SI

LATIN MASS CALENDAR

Sunday March 15 1st CI 3rd Sunday of Lent

Thursday March 19 1st CI

St. Joseph, Spouse of the Blessed Virgin Mary

Sunday March 22 1st CI 4th Sunday of Lent
(Laetare Sunday)

LET US PRAY FOR THE SICK

Arleen Avendano, Rose Dourado, Ken Foran,
Nancy Hawthorne, Hector Henao, Mary Hess,
Fr. Clauber Pereira Lima, Faye LaPaz,
Leanne Morgan, Mary Olson, Joe Rathwell,
Corazon Reyes,
Brenda Ann Taylor and Cleofe Togonon

May the Lord grant them healing, comfort and peace.

LAST WEEK'S DONATIONS

	BUDGET	COLLECTION	DIFFERENCE
Regular	\$9,169	\$4,072.14	(\$5,096.86)
PAW			
MTD	\$39,732	\$11,101.60	(\$28,630.40)

	GOAL	COLLECTION TO DATE	DIFFERENCE
TIA 2020	\$41,030	\$6,888.36	(34,141.64)
LED lights	\$2,500	\$1,620	(\$880.00)
Feed the Hungry	\$5000	\$0.0	(\$5000)

Sacrament of First Communion

In Session 2 the children learned what takes place during The Introductory Rites of the Mass. For example, there is the Entrance Procession, Father welcomes all of us, we pray to God to have mercy on us in the Confiteor and we pray for God's forgiveness, and we praise God when we say or sing the Gloria.

Please keep us in your prayers and visit our "We are Grateful For" poster on the children's bulletin board in the hallway which was inspired by our scripture the story of Creation (Genesis 1:1-31, 2:1-3) and created during our session with the children and their parents.

FEED THE HUNGRY SUNDAY, SEPTEMBER 20. Confirm your volunteer position as soon as possible:

Shift		Positions Available
9:30am – 1:30pm	Preparation	16 of 20
12:30pm – 2:30pm	Desert Preparation	0 of 3
2:30pm – 6:00pm	Serving & Greeting	48 of 57

Email secretary@stanthonyscalgary.com to register as a volunteer. Contributions toward the \$5000 sponsorship can be made in the collection basket, the parish office or conveniently at <https://stanthonysyc.ca/donation/>.

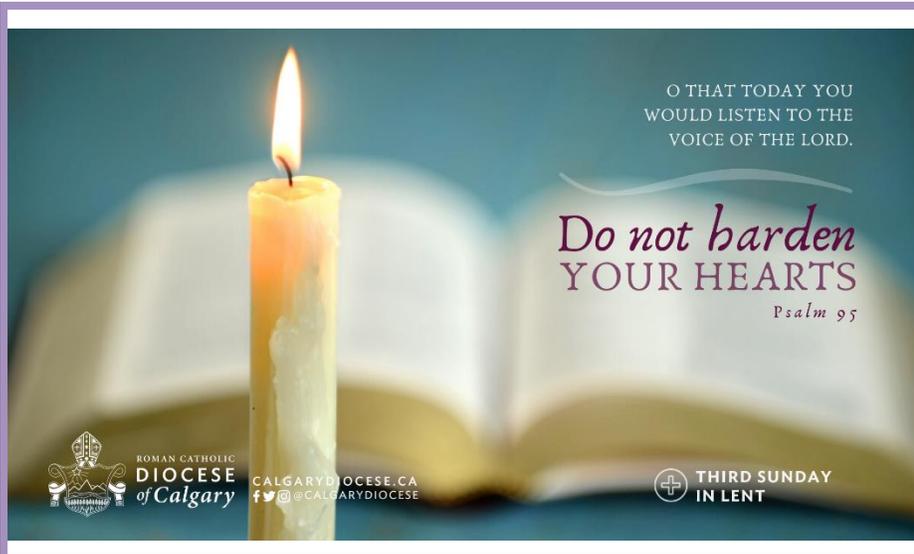
40 DAYS FOR LIFE CAMPAIGN: St. Anthony's prayer days are Monday, March 16 and Wednesday, March 25. Please sign up to join the prayer vigil on the poster board in the hallway.

EASTER MEMORIAL FLOWERS Easter flowers for our church are supplied through the generous donations given by parishioners in memory of deceased loved ones. Please complete the envelope next to the donation boxes with the name(s) of those remembered, enclose your donation and drop it in the donation box. The names will be displayed on the plants and published in the Easter bulletin.

ROMAN CATHOLIC DIOCESE OF CALGARY: For all the latest Diocese news and events, view the weekly Diocese Insert on our website <https://stanthonysyc.ca/about-us/bulletins/>

HOLY WEEK TRIDUUM SCHEDULE

HOLY THURSDAY	6:30pm English Mass
Commemoration of the Lord's Supper	8:30pm Latin Mass
	7:30pm – Midnight Adoration – Chapel of Repose
GOOD FRIDAY	2:00pm Stations of the Cross
Commemoration of the Lord's Passion	3:00pm English Service
	5:30pm Latin Service
HOLY SATURDAY	
Commemoration of the Lord's Resurrection	8:00pm English Vigil Mass
	11:00pm Latin Vigil Mass
EASTER SUNDAY	
Commemoration of the Lord's Resurrection	7:15 am Latin Mass
	9:00 am English Mass
	10:30 am English Mass
	12:30 pm Latin Sung Mass



Paperless Bulletin

Are you looking for ways to increase your care for the environment? Reducing the amount of paper that is used to produce our bulletin is one way that you can contribute. To receive your paperless bulletin email bulletin@stanthonyscalgary.com.

Or you can write your name and email address on this bulletin and put it into the collection:

Name: _____

Email: _____

IN AND AROUND THE PARISH THIS WEEK

DAY	TIME	ACTIVITY	ROOM	CONTACT
Sunday March 15	10:30am – 12:30pm	Latin Choir Practice	Hall & MR 2	Jim Hume
	2:00pm – 3:30pm	Latin First Communion Preparation	Meeting Room 1	Veronica Hermary
	2:30pm – 3:00pm	Baptism	Church	Fr. Edmund
	2:30pm – 4:00pm	MC Schola	Choir Loft	Craig Martis
	4:00pm – 4:30pm	Baptism	Church	Fr. Shannon
Monday, March 16	10:45am – 11:45am	Latin Family Catechism	Meeting Room 1	Fr. Shannon
	7:00pm – 8:00pm	Latin Catechism	Meeting Room 1	Fr. Shannon
Tuesday March 17	6:00pm – 6:30pm	Stations of the Cross	Church	Fr. Edmund
Wednesday March 18	7:30pm – 8:00pm	Lenten Mission	Church	Fr. Edmund
Thursday March 19	9:00am – 11:30am	Adoration	Church	Fr. Shannon
	Noon – 1:00pm	Latin Mass Feast of St. Joseph	Church	
	1:00pm – 6:30pm	Adoration	Church	
	5:00pm – 7:00pm	Legion of Mary	Meeting Room 1	Oneill Martis
	6:30pm – 7:00pm	Benediction	Church	Fr. Shannon
Friday March 20	11:00am – 1:30pm	Piano Tuning	Church	John Morgan
	1:30pm – 3:00pm	Piano Tuning	Church	John Morgan
	2:00pm – 4:00pm	Organ Tuning	Church	John Morgan
Saturday March 21	3:00pm – 4:30pm	5:00pm Choir Practice	Meeting Room 2	Colleen Reinhart
Sunday March 22	10:30am – 12:30pm	Latin Choir Practice	Hall & MR 2	Jim Hume
	2:00pm – 3:30pm	Latin First Communion Preparation	Meeting Room 1	Veronica Hermary
	2:30pm – 4:00pm	MC Schola	Choir Loft	Craig Martis

PERPETUAL EUCHARISTIC ADORATION CHAPEL CLOSED



Effective March 13, 2020, 24-hour adoration is suspended, and our chapel is closed until further notice in order to assure that the Lord is not left unattended.

We will continue to have adoration in the church on Thursdays from 9:30 am following the 9:00 am English Mass until Benediction at 6:30pm.

During regular office hours, adorers are invited to visit the Blessed Sacrament in the church by entering through the office.

The Blessed Sacrament will be reposed at 11:30 am until 1:00 pm on Thursday, March 19 as there will be a Latin Mass in the church at noon for the Feast of St. Joseph.