



# ST. ANTHONY'S CATHOLIC CHURCH

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Facebook: St. Anthony's Catholic Parish

Office: Tuesday – Friday 9:30am – 3pm Saturday 1:00pm – 4pm

3<sup>rd</sup> Sunday of Easter

April 26, 2020

WITH GRATEFUL HEARTS, WE GIVE THANKS FOR  
**TODAY'S HEROES** IN THESE VARIOUS SECTORS

ENERGY AND UTILITIES • INFORMATION & COMMUNICATION TECHNOLOGIES  
FINANCE • HEALTH • FOOD • WATER • TRANSPORTATION • SAFETY  
GOVERNMENT • MANUFACTURING • CHARITABLE WORKS  
AND FOR GOOD & CARING NEIGHBOURS



#HEARTOFJESUS  
#7PMCHEER  
#CATHOLICYC

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WE GIVE THANKS WITH GRATEFUL HEARTS FOR TODAY'S HEROES



O SACRED HEART  
OF JESUS,

fountain of eternal life,  
your Heart is a glowing  
furnace of love. You are  
my refuge and my  
sanctuary. O my adorable  
and loving Saviour,  
consume my heart with  
the burning fire with which  
Yours is inflamed. Pour  
down on my soul those  
graces which flow from  
Your love. Let my heart be  
united with Yours. Let my  
will be conformed to Yours  
in all things. May Your will  
be the rule of all my desires  
and actions. Amen.

THANK YOU  
FOR HAVING  
THE HEART OF  
*Jesus*

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#7PMCHEER  
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with your weekly  
offering

Give online now  
stanthonysyc.ca/donation



Lord hear our  
prayer

Submit your prayers to  
prayers@stanthonysyc.ca



Request a Mass Intention  
for those you love  
stanthonysyc.ca/mass-intention

## Pastoral Notes

### Life in brokenness

This Sunday's gospel contains the central theme of our faith: that the Messiah has to be broken and from the brokenness, He would be the source of healing. In the Emmaus story The two disciples tell the eleven and their companions how Jesus is made known to them in the breaking of the bread. Two broken-hearted disciples are approached by the risen Christ whom they thought to be a lonely traveler, a stranger. Then, Jesus opens their minds by sharing about Scriptures, by breaking the Word of God. Finally, they recognize Him in the breaking of the bread. Three kinds of brokenness are involved in the process towards to the recognition of the risen Christ in the Emmaus story: broken hearts, broken word and broken bread.

The disciples were broken-hearted after Christ died on the cross. We have to acknowledge our broken-heartedness in order to discover our courage and strength. We have to accept our woundedness in order to be healed. We have to accept the truth of our failures and frustrations in order to face the future with its promise of new life. It is difficult to recognize the risen Christ when we don't see the brokenness of our humanity. Our failure to identify our own crosses with the Cross of Christ makes us incapable to see them from the perspective of the resurrection. A broken, humble heart is necessary for a true relationship with the risen Christ. Our Christian life is like this journey to Emmaus. Our heartbreaks and difficulties can sometimes make us fail to recognize the risen Lord in the strangers we meet in our earthly pilgrimage.

The disciples on the road to Emmaus describe their experience with the breaking of the word in these terms: "Were not our hearts burning within us... while he was opening the Scripture to us?" This same fire characterizes our encounter with Word of God when our minds and our hearts are truly receptive to His message, when we lift our minds and our hearts to God.

Our Eucharist is rooted in this breaking of bread referred to in the Emmaus story. Our Eucharist becomes Christ's memorial of His self-giving love for humanity. Our Eucharist is realized through the breaking of our lives for the love and service for others. As grains of wheat and grapes are broken to become bread and wine, we have to be broken for others to accept the saving power of Christ's resurrection.

Amidst this pandemic, which has caused so much brokenness, we look to Christ for healing and holiness...

**HEALING CORNER** "Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for He has been raised just as He said. "As we rejoice this Easter season, let us assist those who suffer the long-term effects of interpersonal violence in all its forms. As we continue to seek the Risen Lord in our lives, let us seek ways to end abuse in our communities and homes. Do not be afraid also to confront violence in every aspect of your lives.

*Faithfully*  
FAITH. LIVED. FULLY.

## The consecration of Canada to Our Lady May 1 will enrich our faith,

allow a more abundant outpouring of God's spiritual and temporal gifts on us, and enable us even more to fulfill our calling and mission. Ultimately, consecration to Mary, which springs from a more fervent, more committed, and more sustained life of prayer and devotion in which the Blessed Mother plays a unique and loving role, points and leads to a renewed spirit and understanding of family, Church, and the need for societal engagement.



FRIDAY, MAY 1, 2020

CONSECRATION  
of CANADA

Bishop McGrattan will consecrate the Diocese of Calgary to Mary, Mother of the Church on Friday, May 1, 2020.

By entrusting ourselves to Mary's maternal care and protection during the coronavirus pandemic, we benefit from her intercession and join our feeble efforts to her powerful prayers and her closeness to Jesus. God willed that the Saviour should come to us through his Mother, so we return to him with through her aid and companionship.

A short ritual and the prayer of consecration, developed by the CCCB staff, will be sent to you early next week. To find more catechesis on Marian Consecration and why we consecrate Canada to Our Lady, please read the document "[Consecrating Canada to the Blessed Virgin Mary: Insights for Adult Catechesis.](#)"

## Mental health matters

Sr. Perry is the clinical director of Insight Counselling and Therapy Centre. This not-for-profit offers long-term counselling at sliding rates as low as \$5 a visit. Insight delivers care through practicum students supervised by Sr. Perry. All of the students are finishing master of counselling programs with various universities. The organization is one of the community-based organizations that benefits from Together in Action, an annual fundraising campaign by the Roman Catholic Diocese of Calgary. Given the imperatives of "social distancing" during the pandemic, Insight's students currently offer support via phone.

Sr. Perry herself lives in a seniors' residence with strict pandemic protocols. With St. Mary's University shuttered, Dr. Doherty is also staying close to home. They offered readers of Faithfully some ideas about how to make mental health a priority in trying times.

Stay informed. Make healthy choices. "Fear is a healthy response to the situation, and it makes sense to stay informed. But let's be smart about how much news we watch and read," says Sr. Perry. She recommends people listen to morning updates and check in again in the afternoon or evening. A 24-hour news cycle includes a lot of recycled information and "when you're hearing the same news all the time that increases stress," says Sr. Perry.

One of the healthiest ideas he's seen to date suggests people "not act as if you're afraid of getting the virus. Instead, act as if you are trying to protect other people from getting it. The best information we have says most people who get this virus will survive. But we need to protect those who are vulnerable." People who follow that advice should take mental comfort in knowing they are doing the right thing, says Dr. Doherty. .... Read more at:

<https://www.catholicyc.ca/blog/mental-health-matters>

Written by Joy Gregory for *Faithfully*

## MASS INTENTIONS

### Monday, April 27

English – John Ayres RIP  
& Souls in Purgatory RIP  
Latin – Katcorov family SI

### Tuesday, April 28

English – Lorenzo Reyes & Souls in Purgatory RIP  
Latin – special intention SI

### Wednesday, April 29

English – Souls in Purgatory RIP  
Latin – Rose Duorado SI

### Thursday, April 30

English – Christine Bilant RIP  
Latin – Rose Duorado SI

### Friday, May 1

English – Desprises Family RIP  
Latin – special intention SI

### Saturday, May 2

English – Erin Gerwing SI  
Latin – Confraternity of St. Peter SI

### Sunday, May 3

English – For the Parishioners of St. Anthony's SI  
Latin – Marie Joan Benno SI

## LATIN MASS CALENDAR

**Sunday April 26** 2<sup>nd</sup> CI Second Sunday after Easter  
Good Shepherd Sunday

**Sunday May 3** 2<sup>nd</sup> CI Third Sunday after Easter

**Sunday May 10** 2<sup>nd</sup> CL Fourth Sunday after Easter

## LET US PRAY FOR THE SICK

Arleen Avendano, Rose Dourado, Ken Foran,  
Nancy Hawthorne, Hector Henao, Mary Hess,  
Fr. Clauber Pereira Lima, Faye LaPaz,  
Leanne Morgan, Mary Olson, Joe Rathwell,  
Corazon Reyes, Brenda Ann Taylor  
and Cleofe Togonon

**May the Lord grant them healing, comfort and peace.**

## REST IN PEACE

Virgilio Turingan

Our heartfelt sympathies to his family.  
May his soul and the souls of all the faithful  
departed, through the mercy of God, rest in peace.

## DONATIONS IN APRIL

	BUDGET	COLLECTION	DIFFERENCE
<b>MTD</b>	<b>\$39,732</b>	<b>\$22,120.16</b>	<b>(\$17,611.84)</b>

	GOAL	COLLECTION TO DATE	DIFFERENCE
<b>TIA 2020</b>	<b>\$41,030</b>	<b>\$13,921.30</b>	<b>(\$27,108.70)</b>
<b>LED lights</b>	<b>\$2,500</b>	<b>\$1,765</b>	<b>\$2,530</b>
<b>Feed the Hungry</b>	<b>\$5000</b>	<b>\$2,540.00</b>	<b>(\$2,460)</b>

## LIVESTREAM MASS SCHEDULE

**Monday to Saturday, 8:30 am St. Peter's Church**

**Fr. Edmund will celebrate Tuesday, April 28**

**Sunday, 10:00 am St. Mary's Cathedral**

<https://www.catholicyyc.ca/livestreammass.html>

**Coming Soon: Telus Optik TV on Channel 8915**

**Monday to Saturday, 8:30 am St. Peter's Church**

**Sunday, 11:00 am St. Peter's Church**

**YOUR WEEKLY OFFERING** Our parish relies on our regular offertory giving for maintenance and growth. It is now possible to make your regular offertory gift online or to register online to make your pre-authorized offertory gift. You are providing crucial support to care for your parish during this difficult time. <https://stanthonysyyc.ca/donation>. As the church is open from 10:00am to 3:00pm daily, you may deposit your weekly envelopes in our donation box or mail your cheques to St. Anthony's Church: 5340 4 St SW, Calgary, AB T2V 0Z5.

**[isupport@stanthonysyyc.ca](mailto:isupport@stanthonysyyc.ca)** is a new and convenient way for you to make your weekly offering using email transfer. Your donation will be automatically deposited into the church account.

**TOGETHER IN ACTION** satisfies our need as disciples to give and share of ourselves. As Christ's disciples, we are called to receive God's gifts gratefully, to cultivate them responsibly, to share them lovingly in justice with others and to return them with increase to the Lord. Your gift impacts human dignity, food, shelter and spiritual growth. Give now at <https://stanthonysyyc.ca/tia/>.

**MASS INTENTIONS** Fr. Edmund and Fr. Shannon are celebrating private Masses daily for your Mass Intentions. Visit <https://stanthonysyyc.ca/mass-intention/>, call our office or email [secretary@stanthonysyyc.ca](mailto:secretary@stanthonysyyc.ca) to book a Mass intention for those you love.

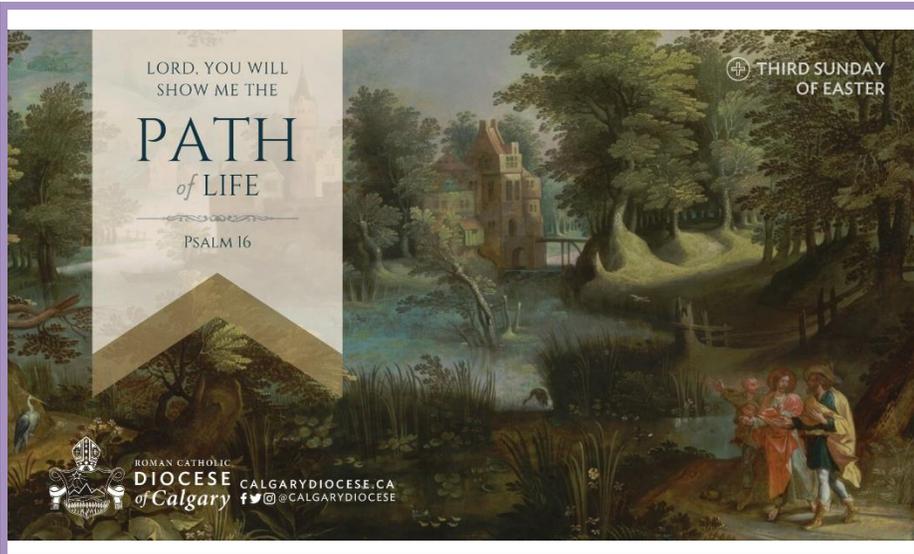
## FEED THE HUNGRY SUNDAY, SEPTEMBER 20

**Confirm your volunteer position as soon as possible:**

Shift		Positions Available
9:30am – 1:30pm	Preparation	11 of 20
12:30pm – 2:30pm	Desert Preparation	0 of 3
2:30pm – 6:00pm	Serving & Greeting	46 of 57

Visit <https://stanthonysyyc.ca/feed-the-hungry> or email [secretary@stanthonysyyc.ca](mailto:secretary@stanthonysyyc.ca) to register as a volunteer.

**We have a donor who will match all funds donated for Feed the Hungry.** Support our goal at [isupport@stanthonysyyc.ca](mailto:isupport@stanthonysyyc.ca) (email transfer) or <https://stanthonysyyc.ca/donation>.



### Paperless Bulletin

Are you looking for ways to increase your care for the environment? Reducing the amount of paper that is used to produce our bulletin is one way that you can contribute.

To receive your paperless bulletin, subscribe on our website

<https://stanthonysyc.ca/subscribe>

or email

[bulletin@stanthonyscalgary.com](mailto:bulletin@stanthonyscalgary.com).

### IN AND AROUND THE PARISH THIS WEEK

DAY	TIME	ACTIVITY	ROOM	CONTACT
Sunday April 26	10:00am – 3:00pm	Blessed Sacrament Private Prayer & Confessions	Church	Fr. Shannon Fr. John Fr. Edmund
Monday April 27	10:00am – 3:00pm	Blessed Sacrament Private Prayer & Confessions	Church	Fr. Shannon Fr. John Fr. Edmund
Tuesday April 28	10:00am – 3:00pm	Blessed Sacrament Private Prayer & Confessions	Church	Fr. Shannon Fr. John Fr. Edmund
Wednesday April 29	10:00am – 3:00pm	Blessed Sacrament Private Prayer & Confessions	Church	Fr. Shannon Fr. John Fr. Edmund
Thursday April 30	10:00am – 3:00pm	Blessed Sacrament Private Prayer & Confessions	Church	Fr. Shannon Fr. John Fr. Edmund
Friday May 1	10:00am – 3:00pm	Blessed Sacrament Private Prayer & Confessions	Church	Fr. Shannon Fr. John Fr. Edmund
Saturday May 2	10:00am – 3:00pm	Blessed Sacrament Private Prayer & Confessions	Church	Fr. Shannon Fr. John Fr. Edmund
Sunday May 3	10:00am – 3:00pm	Blessed Sacrament Private Prayer & Confessions	Church	Fr. Shannon Fr. John Fr. Edmund



### PERPETUAL EUCHARISTIC ADORATION CHAPEL CLOSED

Effective March 13, 2020, 24-hour adoration is suspended, and our chapel is closed until further notice in order to assure that the Lord is not left unattended.

The church is open, and the Blessed Sacrament is exposed from 10:00am – 3:00pm daily for silent individual prayer and adoration.