



ST. ANTHONY'S CATHOLIC CHURCH

5340 4 St. SW Calgary AB T2V 0Z5 403-252-1137 fax 403-255-7796

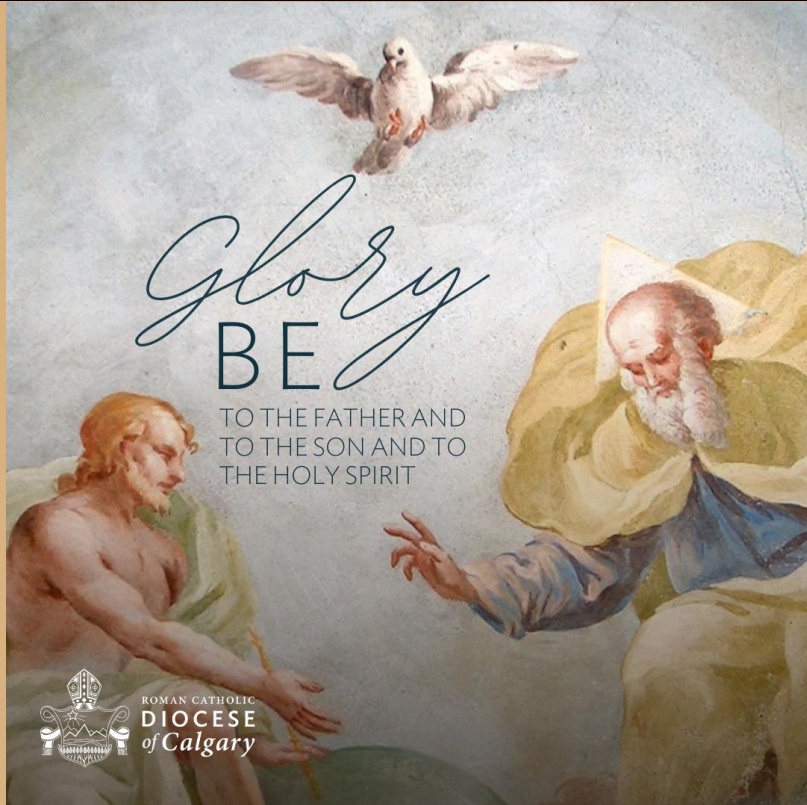
info@stanthonysyyc.ca www.stanthonysyyc.ca

Facebook: St. Anthony's Catholic Parish

Office Hours: Tuesday, Thursday, Friday 9:30am – 3:30pm
Saturday 1:00pm – 4:00pm

THE SOLEMNITY OF THE MOST HOLY TRINITY

May 30, 2021



- [How to celebrate Trinity Sunday at home?](#)
- [The Trinity & Mission - Tim O'Malley](#)
- [History and liturgy of the Holy Trinity](#)
- [Morning Prayer](#) | [Evening Prayer](#)
- [Kid's Bulletin for Trinity Sunday](#)
- [Craft for kids from Catholic Icing](#)
- [Catholic Cuisine for Trinity Sunday](#)
- [The Holy Trinity quiz](#)
- For young kids: [The Sign of the Cross poster](#)

Weekend Schedule

Saturday May 29	Confessions	4:00 pm
	English Mass	5:00 pm
	Filipino Mass	6:30 pm
Sunday May 30	Confessions	6:45 am
	Latin Mass	7:15 am
	English Mass	9:00 am
	English Mass	10:30 am
	Confessions	Noon
	Latin Mass	12:30 pm
	Confessions	2:00 pm
	Latin Mass	2:30 pm
English Mass	5:00 pm	

Weekday Schedule

Monday & Tuesday May 31 & June 1	Confessions	6:30 am
	Latin Mass	7:00 am
Wednesday June 2	Confessions	8:30 am
	English Mass	9:00 am
	Confession	11:30 am
	Latin Mass	Noon
Thursday June 3	Confession	6:30 pm
	English Mass	7:00 pm
	Confession	8:30 am
	English Mass	9:00 am
	Adoration	10am-6pm
Friday June 4	Benediction	6:00 pm
	Confessions	6:00 pm
	Latin Mass	7:00 pm
	Confession	8:30 am
	English Mass	9:00 am
Saturday June 5	Open for Prayer	10am-6pm
	Confessions	6:00 pm
	Latin Mass	7:00 pm
	Confessions	8:00 am
	Latin Mass	9:00 am
	1 st Saturday Mass	11:00 am

Pastor Fr. Edmund Vargas ext 224 or 587-349-9615
Associate Pastor Fr. John Shannon, FSSP ext 226
 or 403-714-7361
In Residence Fr. John Petravicius ext 230, Fr. Anthony Pudota
Deacon Ron Nowell

Music Director John Morgan
Parish Secretary Heather Schilling ext 222
Bookkeeper Magda Aguillon ext 223
Janitorial Service Polmax Ecology Cleaning Ltd.

Pastoral Notes

In His image and likeness

In the olden days, sermons or homilies are started and ended with the Sign of the Cross: in the name of the Father, and of the Son and of the Holy Spirit. At the beginning of every Mass, the celebrant invokes the Trinitarian greeting: The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all! He also ends up with the blessing invoking the three persons in one God.

When Jesus came to our world, he taught us to see God as Father, Son and Holy Spirit. One of the ways we get to know God as Father is through the world of creation and through God's providential love for us. We know God as Son through the ministry of Jesus among us. We get to know God as Holy Spirit through the Spirit's presence and work in us and in the Church. This is the celebration we mark today. We celebrate God whom we have come to learn through our faith as Father, as Son and as Holy Spirit, three persons in one God.

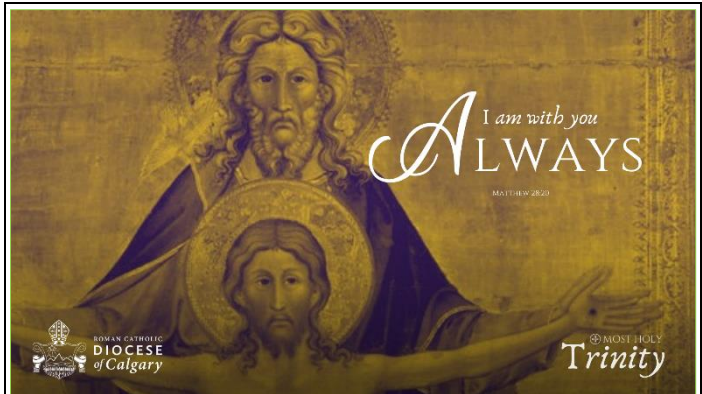
The Book of Genesis mentions that we are created in God's image and likeness. It somehow describes God's oneness as well as God's diversity in three persons as manifested in our human condition.

We believe that God's oneness is also manifested in the uniqueness of each and every human person. DNA technology has reinforced this singular uniqueness of each human being. Each and every one of us has his or her own character with its own idiosyncrasies. The uniqueness of every person stems from being created in God's image and likeness.

Our social nature as human beings is also rooted in God's Trinitarian nature. Our communitarian spirit belies our sharing of God's plurality as persons. We need one another. We are redeemed not only as individual persons but as a people, as a community, as Church. The diversity of the gifts and talents of our respective persons are unified by the same one Spirit of God. The unity and diversity that is found in our communities is the manifestation of God's oneness in three diverse persons, united by the principle of selfless love.

As we celebrate Holy Trinity Sunday, let us celebrate our uniqueness as individual persons and our unity as community which manifest the diversity of the three persons in one God. Let us celebrate our being created in God's image and likeness.

Let us take to heart what Christ has mandated us to do, that is, to spread the Good News of His love to all the world by our word and example: "Go therefore and make disciples all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you, and lo, I am with you always, to the close of the age...."



CCCB Daily Readings

First Reading:	Deuteronomy 4.32-34, 39-40
Psalm:	33
Second Reading:	Romans 8.14-17
Gospel:	Matthew 28.16-20

Fr Edmund's Updates...

We have returned to 15% capacity as of May 28. St. Anthony's will operate Masses at 75 attendees. We ask that all attendees pre-register for the desired Sunday Mass weekly to assist us with our contact tracing. All other protocols remain the same (wearing masks, physical distancing, no socializing, sanitizing). We appreciate all those who assist with sanitizing the pews and washrooms after each of the Masses. Weekday Masses no longer require pre-registration. We will again ask for your contact tracing number upon arrival for the weekday Mass. We will continue to use the South Office Entrance for weekday Masses.

Only 2 more Feed the Hungry Workers required for June 13, 1PM at St. Mary's. Please email secretary@stanthonyssyc.ca to register. Thank you for your generosity in meeting our sponsorship commitment of \$5777.

Beginning in June, the Filipino Mass will be on the 2nd and 4th Saturdays of the month at 6:30pm.

PRE-REGISTRATION FOR SUNDAY MASSES

[Register here](#) weekly or

Call the Parish Office at 403-252-1137 x 222

Livestream Sunday 10:30am [available here](#)

HEALING CORNER "Go, therefore, and make disciples of all nations" (Mt 28:16-20) As we follow Christ's commissioning to us all, be sure to include those who are vulnerable and suffer interpersonal violence in all its' forms. These will be touched by you through your caring actions and administrating to their current traumas.

MASS INTENTIONS

Sunday, May 30

7:15am Latin	SI	special intention
9:00am English	SI	Joyce Cashen
	SI	Monserrat de los Reyes
10:30am English	SI	All Parishioners
12:30 pm Latin	SI	Thanksgiving to Trinity
5:00pm English	RIP	Isabelle Coughlin

Monday, May 31

7am Latin	RIP	Angela Rausa
9:00am English	RIP	Joy dela Riva
	SI	Perfecto dela Cruz Sr

Tuesday, June 1

7am Latin	RIP	souls in purgatory
9:00am English	RIP	Fe Meamo
	RIP	Mary Viccars

Wednesday, June 2

Noon Latin	RIP	Paula Borromeo
7pm English	RIP	William and Barbara Saruga
	RIP	Fe Meamo

Thursday, June 3

9:00am English	RIP	Robert Powell
	RIP	Marjorie Martis
7:00pm Latin	SI	Lucia Schwarz

Friday, June 4

9:00am English	RIP	Fe Meamo
	SI	Anne Marie Brown
7:00pm Latin	SI	Marie Korte

Saturday, June 5

9:00am Latin	RIP	Jerry Maric
11:00AM English	RIP	Marlito Gene Licudine
5:00pm English	RIP	Gregorio Aguilar
	SI	Enriko Uldedaj

LATIN MASS CALENDAR

Sunday May 30	2 nd CL	Trinity Sunday
Thursday June 3	1 st CL	Corpus Christi
Sunday June 6	2 nd CL	Second Sunday after Pentecost

LET US PRAY FOR THE SICK

Lorenzo, Rose Dourado, Ken Foran, Lois Goodfellow, Faye LaPaz, Evelyn Manser, Carter McLachalan, Johnson Mont, Leanne Morgan, Charlene Munn, Corazon Reyes and Agnes Sardinas.

May the Lord grant them healing, comfort, and peace.

POPE'S PRAYER INTENTION FOR JUNE

The Beauty of Marriage

Let us pray for young people who are preparing for marriage with the support of a Christian Community: may they grow in love, with generosity, faithfulness, and patience.

WEEKLY ADORATION



**Thursday,
10 am – 6 pm**
If there is anything you
need, pray for it.
Philippians 4:6

[Red Altar Candle Offering](#)

[Register in advance](#) or sign in at the door.

A minimum of 2 people per hour are required.

Please continue to access the church through the office door.

REGISTER FOR AN ACCESS CODE [HERE](#)

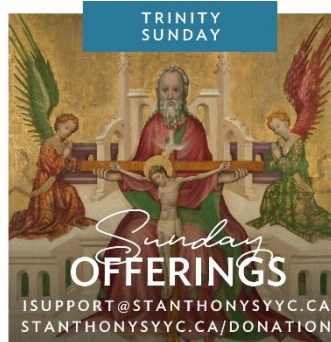
WORLD DAY OF MIGRANTS & REFUGEES

The 107th World Day of Migrants and Refugees will be celebrated on Sunday, September 26, 2021. The theme of Pope Francis' Message is "Towards an ever wider 'we'". In his Message, the Holy Father reminds us that "Salvation history thus has a 'we' in its beginning and a 'we' at its end, and at its centre the mystery of Christ, who died and rose so 'that they may all be one' (Jn 17:21). The present time, however, shows that this 'we' willed by God is broken and fragmented, wounded and disfigured. This becomes all the more evident in moments of great crisis, as is the case with the current pandemic. Our 'we', both in the wider world and within the Church, is crumbling and cracking due to myopic and aggressive forms of nationalism (cf. Fratelli Tutti, 11) and radical individualism (cf. ibid., 105). And the highest price is being paid by those who most easily become viewed as others: foreigners, migrants, the marginalized, those living on the existential peripheries."

[Read Pope Francis' Message for the World Day of Migrants and Refugees](#)

OUR SUNDAY OFFERING

Our parish relies on your regular offertory giving for maintenance and growth and outreach. Thank you for your generosity.



E-transfer:

isupport@stanthonysyc.ca

Pre-Authorized

Withdrawal registration &

Credit Card donations:

stanthonysyc.ca/donation

Mail cheques to:

5340 4 Street SW, Calgary,
T2V 0Z5

RESOURCES FOR MENTAL HEALTH

"Physically healthy should also include a focus on our mental and spiritual well-being." says Sr. Donna Marie Perry, psychotherapist, and social worker in the Diocese of Calgary. "Not all families are healthy," says Sr. Perry. She urges people who see others struggling to reach out with kindness. Where appropriate, you can also recommend they access support from community-based organizations. (Mental health matters, Faithfully).

Have you encountered anyone in need of access to help with mental health? Below is a list of handy mental health resources for you to share:

- Catholic Family Service: 403-205-5295. Rapid Access Counselling: 403-233-2360 or email intake@cfs-ab.org
- Calgary Counselling Centre: 403-691-5991 + online counselling
- Distress Centre: 403-266-4357 - available 24/7.
- Eastside Family Centre: 403-299-9696 - telephone and e-therapy.
- Kid's Help Phone: 1-800-668-6868
- Mental Health Help Line: 1-877-303-2642
- Access Mental Health: 403-943-1500

For other barrier free consultation sessions (Calgary area), you may consider referring those in need with this online service: communityconnectyyc.ca

[Isolation and quarantine requirements for vaccinated Albertans](#) by Fr. Wilbert Chin Jon

NEW REQUIREMENTS FOR MASK EXCEPTION DUE TO MEDICAL CONDITION



Effective May 13, 2021, [AHS has introduced a new medical letter requirement](#) for those who claim an exception to the MASK legislation due to medical condition when entering public spaces such a church, parish office or auxiliary spaces.

Parishioners with a qualified medical condition are asked to have their authorized medical professional (physician, nurse practitioner, or psychologist) complete the Alberta Government form "[Medical Note for Mask Exception](#)". You may submit the completed form to the parish office to pre-register your exception with your contact tracing information. to allow you access our church services without interruption.



FEED THE HUNGRY GARDEN UPDATE

"In three scheduled time periods on May 21 & 22, 3 teams (totaling 12 volunteers) worked at the Mt. St Francis Feed the Hungry

(FTH) Garden to mark garden rows and plant a healthy selection of vegetables in this 22 m x 26 m garden plot. The 2021 FTH Mt. St Francis Garden is the same size as last year's garden which produced an amazing 2940 lbs. of fresh produce for the Calgary Food Bank.



With the soil amendments added by Father Dan and timely rain falls, our volunteers are

confident that this garden can exceed last year's yield! The grade 6 art class at Light of Christ School colorfully painted rocks to adorn the pathways in the garden. (John Holmes, Feed the Hungry Garden volunteer coordinator)

Could you not watch with me one hour?
MATT 26:40

WATCH WITH ME

AN ALL-NIGHT VIGIL WITH THE CALGARY SEMINARIANS

SUN MAY 30 7 PM

MON MAY 31 9 AM

LIVE STREAMING

from The Shrine Church of Our Lady of the Rockies, Canmore

Commit to pray with the Seminarians by signing up here

CATHOLICYC.CA/VOCATIONS

ALL-NIGHT VIGIL WITH SEMINARIANS

The Office of Vocations invites everyone to a prayerful event with the seminarians of the Diocese. The event will take place from **Sunday May 30 at 7 pm to Monday, May 31 at 9 am**, as an all-night vigil in the Shrine Church at Canmore. Each hour will begin with a reflection on a mystery of the rosary, followed by a decade of the rosary. Also, please consider donating to the Seminarian Fund. All proceeds go towards seminarian formation. Commit to pray one hour with the seminarians by signing up here catholicyyc.ca/vocations | Event will be livestreamed at catholicyyc.ca/vocations