



Faithfully

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FINDING JOY IN THE BLEAK WINTER MONTHS

Dr. Wojciech Brzezinski, Fr. Nathan Siray and Sara Francis talk about how to keep finding joy in the winter months and beat the winter blues.

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It is up to us to actually pause and notice His presence in our lives. Can we turn ordinary encounters into holy moments?

FINDING JOY IN THE BLEAK WINTER MONTHS

I gingerly sat on my cold leather seat, tensely awaiting my van to warm up on a frigid winter day recently. As I drove down my street, I begrudgingly looked out my passenger-side window and noticed my neighbour braving the -20 weather.

To my amazement, Bill, at 101-years-old was slowly trudging through the snowy sidewalk with his walker underhand. I was completely awestruck!

Walking to the corner store is, in fact, Bill's ordinary extraordinary regular routine. And I'll admit my grumbly, inner monologue screeched to a halt; I felt sheepish watching him from the comfort of my van.

Bill's example is exactly what Dr. Wojciech Brzezinski orders to maintain winter wellness and beat the winter blues. This is a topic near to my heart, as I find that these shorter, cold days challenge my own mental health.

In a phone conversation with the newly retired physician, we covered topics ranging from growing up in a convent with his family in Communist Poland, his time as a junior national pairs figure skating champion, meeting his wife in medical school and then fleeing Communist Poland as a political refugee in the 1980s.

We talked about how Brzezinski landed in Canada 39 years ago (his wife followed two years later) and spent the next seven years completing his residency specializing in surgery in Edmonton. Subsequently, he practiced medicine for 10 years in Fort McMurray and 15 years in Medicine Hat before settling in Canmore. He and his wife have raised two sons and delight in their three grandchildren. They are faithful Our Lady of the



Rockies Shrine parishioners and both love keeping active with sports.

Skiing down a mountain, or going for a swim brings Dr. Brzezinski joy, especially in the bleak winter months following Christmas.

Drawing on his professional training and life experience facing adversity, he shared his three-part prescription with me for maintaining health of body, mind and soul this winter.

First, find a hobby or passion that inspires you to wake up in the morning and get you excited about the day.

“Keep occupied with something meaningful on a regular basis,” said Brzezinski. “If you think you’ve accomplished something, it’s way easier to tolerate the darkness. You also enjoy coming back home

even though it's already dark. It's crucial to know why you are getting up in the morning."

Second, be active outdoors no matter how cold.

"For cold temperatures you can always dress up," Brzezinski said. "There is no cold that's too unbearable for a 15 minute walk. To breathe fresh air, to have that frosty feeling on your face is invigorating. Being active even just once a week on a regular basis is crucial."

Third, find an accountability partner – spouse, friend, family member – to keep you motivated and stay connected.

"I can't overemphasize the importance of a partnership in life and in faith," said Brzezinski. "It's something we don't appreciate enough on a day-to-day basis and yet there are times when it's incredibly important."

On occasion he has realized his passion for being active outdoors by going skiing with his parish priest Fr. Nathan Siray, of Our Lady of the Rockies in Canmore, who also shares a love for the outdoors and winter sports.

So I decided to also call Fr. Siray to hear his perspective on living winter well. It turns out he does some kind of activity every day whether it be a day of skiing, a quick run or an ice climb up a frozen waterfall.

"Frozen waterfalls are the coolest thing! It's a surreal experience where you are climbing up the ice, but the water behind the ice is flowing," said Siray.

"I'm totally amazed by frozen waterfalls. I think they are such a cool sign of God's creative brilliance."

Both Siray and Brzezinski agreed that being outdoors even in frigid temperatures offers the faithful an opportunity to exercise gratitude and give thanks for God's creation.

And for those who can't get outside Fr. Siray suggests choosing a book or spiritual reading that is upbeat.

"This time of year, because it's a harder time, choose something to read that's going to lift you up – a light-hearted novel or a spiritual book that isn't quite so heavy; I think those can be a good remedy," said Siray.

Sunlight in Canmore can be limited in the winter because the mountain peaks block the light. During the winter, Fr. Siray prays in the darkness of the morning and evening and lights candles to make those prayer times special.

"You are always looking for those light sources; you are hungry for light throughout the day. Lighting a candle helps me to pray. It fits for this time of year. It beats some of the darkness all around," Siray said.

At the end of our conversation Fr. Siray wanted to reassure me and our readers that "the light and warmth will return. That sense of expectation and longing for these things – I think there is something good in that too."



Dr. Wojciech Brzezinski

➤ Written by Sara Francis for [Faithfully](#)

HUMAN FRATERNITY - JUSTICE, PEACE, SOLIDARITY



Written by
Most Rev. William
T. McGrattan,
Bishop of Calgary

It is the New Year, a time that marks beginnings, and it also coincides with the end of the Christmas season and the celebration of the Baptism of the Lord. Scripture records that as Christ emerged from the waters of the Jordan, “the heavens were opened, and the Spirit descended upon him like a dove, and the voice of the Father thundered: This is my beloved Son, with whom I am well pleased” (Mt. 3:16-17). This feast celebrates the beginning of Jesus’ public ministry. A ministry which was to embrace all peoples despite their status, the circumstances of their life, the culture, and conditions in which they live. Through our baptism we share in this call, this mission of service through the continued outpouring of the Holy Spirit. The Spirit who can renew our strength, courage, and fortitude in the midst of the challenges we currently face with the pandemic.

The New Year also brings with it the celebration of the Week of Prayer for Christian Unity from January 18 to 25 and the International Day of Human Fraternity on February 4. The theme for the Week of Prayer for Christian Unity in 2022 is, “We saw the star in the East, and we came to worship Him” (Mt 2:2). The theme speaks to the pressing need globally for solidarity and fraternity in the face of economic, political, and social turmoil, including the challenges and injustices which the COVID-19 pandemic has highlighted. This celebration will be an opportunity to pray for the unity that God desires for all of creation. It is this unity of persons which sows the seeds of mutual understanding that inspires justice, peace, and solidarity.

On December 21, 2020, the UN General Assembly adopted resolution A/RES/75/200 declaring February 4 as the International Day of Human Fraternity. It is now observed annually in order to heighten our awareness and focus upon human fraternity, solidarity, justice, and peace. It is significant that the evolution of thought and work toward this resolution included Pope Francis and came as the result of Christian-Muslim cooperation. The Higher Committee for Human Fraternity provided the UN Chief with a message from Pope Francis and the Grand Imam, proposing that February 4 be designated as the annual International Day of Human Fraternity.

The UN resolution included three clauses specifically directed toward the religions of the world:

- Expressing deep concern at those acts that advocate religious hatred and thereby undermine the spirit of tolerance and respect for diversity, especially at a time when the world confronts the unprecedented crisis caused by the coronavirus disease (COVID-19) pandemic, which requires a global response based on unity, solidarity and renewed multilateral cooperation,
- Recognizing the valuable contribution of people of all religions or beliefs to humanity and the contribution that dialogue among all religious groups can make towards an improved awareness and understanding of the common values shared by all humankind,
- Underlining the importance of raising awareness about different cultures and religions or beliefs and of education in the promotion of tolerance, which involves the acceptance by the public of and its respect for religious and cultural diversity, including with regard to religious expression, and underlining further the fact that education, in particular at school, should contribute in a meaningful way to promoting tolerance and the elimination of discrimination based on religion or belief,

...

These values of tolerance, respect, engagement, dialogue, and understanding which are articulated in the resolution are also expressed with the depth of our Faith in the encyclical letter on fraternity and social friendship, *Fratelli Tutti*, Pope Francis released on October 3, 2020.

Our mission through baptism is to recognize in one another the sacred dignity we have as a son and daughter of God. It is this type of dignity that Pope Francis describes as foundational to our relationship with one another.

“For Christians, the words of Jesus have an even deeper meaning. They compel us to recognize Christ himself in each of our abandoned or excluded brothers and sisters (cf. Mt 25:40.45). Faith has untold power to inspire and sustain our respect for others, for believers come to know that God loves every man and woman with infinite love and “thereby confers infinite dignity” upon all humanity. (*Fratelli Tutti*, 85)

When this recognition of each other's dignity is present, Pope Francis describes the sense of fraternity and solidarity that is fostered, a fraternity which cannot overlook the sufferings or injustices of another person.

“The world exists for everyone, because all of us were born with the same dignity. Differences of colour, religion, talent, place of birth or residence, and so many others, cannot be used to justify the privileges of some over the rights of all. As a community, we have an obligation to ensure that every person lives with dignity and has sufficient opportunities for his or her integral development. (FT, 118)

Pope Francis speaks to the people, the generation of this time to urge a fraternity among all people rooted in the recognition of each person's dignity.

“It is my desire that, in this our time, by acknowledging the dignity of each human person, we can contribute to the rebirth of a universal aspiration to fraternity. Fraternity between all men and women. ... (FT, 8)



POPE'S PRAYER INTENTION



RELIGIOUS DISCRIMINATION AND PERSECUTION

“Let us pray for all those suffering from religious discrimination and persecution; may their own rights and dignity be recognized, which originate from being brothers and sisters in the human family.”

- Pope Francis -

The Pope reminds us that religious freedom is tied to the concept of fraternity. In order to begin walking the paths of fraternity upon which Francis has been insisting for years, it's imperative that we not only respect others, our neighbors, but that we genuinely value them “in their differences and recognize them as true brothers and sisters.”

For the Holy Father, “as human beings, we have so many things in common that we can live alongside each other, welcoming our differences with the joy of being brothers and sisters.” Without granting this premise, it is impossible to undertake the path towards peace and living side by side with each other.

What can we do?

1		Welcome differences and value what unites us.
2		Communicate with each other, and discover the riches of each person.
3		Firmly oppose all religious discrimination, including towards non-Christians.
4		Contribute to a society in which everyone has the same right to citizenship, whatever their beliefs may be.

“We are brothers and sisters, born of one and the same Father. With different cultures and traditions, but brothers and sisters all. And it is in respect of our different cultures and traditions, of our different citizenships, that this fraternity needs to be built.” Pope Francis



If you struggle with always being late.... It's a new year and an opportunity for an improved version of you!

Watch this video and learn from Jackie Angel (Ascension Press) on some practical tips on how to overcome this bad habit.

How to combat this habit?

- Find the underlying cause of why it's hard to be on time so that you can have it addressed:
 - Are you struggling with anxiety or depression?
 - Is it the result of procrastination?
 - Are you having a hard time with time management?
- If not the above, think about how you perceive and respect other people's time.
 - Evaluate your punctuality when you meet an important figure or someone you look up to versus your friends or family.
 - If you are only late when meeting those who aren't 'important', know that you might be dealing with the sin of pride.
- Let's do something about it. Reach out to your friends and tell them about your efforts to be punctual. Let them know that you need their support. If you haven't already, start the habit of notifying others if you are running late, even if it's only for 5 minutes.
- To those with friends who are always late, help them by letting them know of your expectation for being on time and the consequences of being late. Charitably of course.

SPENDING LESS THAN YOU EARN

We must all live within our means. Even with more money, without any clear purpose, we can spend more than we make. Without this clear purpose, we can get into debt which causes a lot of negative impact on our spiritual, mental, and even physical well being. Let's keep these in mind:

- Everything that we have is a gift from God and is to be used to glorify Him. When our spiritual lives are not in order, one of the most common symptoms of this disorder is financial mis-management. We may get into debt trying to pay for a lifestyle we cannot afford. This lifestyle choice is often an attempt to fill the void in our lives. The more we fill this "unfillable" void, the more money we spend and the more we get into debt thinking that we can always pay for it later. Let God fill that void.
- Steps to take to stop the cycle of overspending and start paying your debt:
 - Calculate your total income and monthly expenses. The goal is to have your expenses lower than the income. If you are always overspending, the first task is to lower the expenses where you can and begin to live within your means.
 - When you are in debt, include monthly debt repayment in your monthly budget and work towards paying off debt. If you have multiple credit cards to pay off, you may want to consolidate them into the credit card that has the lowest interest rate or to a personal line of credit if you have it. To ensure that you will be able to totally pay off debt over time, stop adding to the debt by always living within your means.
- A banking institution has this clever slogan, "You are richer than you think." Ultimately, it's not just how much money you earn but how much you spend that determines if you have enough. The financial principle is simple but the discipline required to live it is grounded in the personal conviction that only God can truly fulfill us and not material things.

Consider this... does your money own you or do you use your money to serve God and His purpose for you?



Holy moments in hard times

BRANDON BAILEY

Even moments of stress can be holy. When complaining about getting the ladder up to put up Christmas lights in the cold, a student re-framed the situation to say at least you have a house and are healthy enough to climb up! By shifting our perspectives slightly, we were able to see ordinary encounters as holy moments.

The impact of teaching and learning through the various waves of the COVID 19 pandemic has impacted everyone and affected us in different ways. We noticed in conversations that at times it was challenging to see the light along the journey. Even as faith-filled educators we had to cope with uncertainty and make sense of God's intention for us. It is in times like these that our faith can really be our strength, if we look for it.

At our school we started with a reflection on our daily encounters. Rather than simply overlooking a helpful gesture or beautiful sunrise, we wanted to absorb those moments. Those moments can be fleeting, yet so powerful.

To transfer this to students, among several initiatives, we implemented a call to identify holy moments. One of the activities that we had students participate in was a "Holy Moments" chain. Students would add their moments to

the chain which was connected and displayed in the hallways.

We found that by intentionally sharing holy moments, perspectives changed. The act of re-framing situations to see the blessings in our midst allowed us to see our call to be joyful people, who act with gratitude. However, joyful participation in the challenges of life isn't always easy. By identifying holy moments, it has also affirmed the gift that we have in our Catholic school with faith in the Lord at all times. We walk with Jesus every day! It is a blessing to be able to journey through hard times together knowing that God calls us to lift one another up when we are down. When you stop and look for it, even on your hardest day there is a holy moment that will make you smile.

The foundation of our school as a community of faithful has not been more relevant than it is today. We need to know that God is with us. It is up to us to actually pause and notice His presence in our lives. The only question left to ask is, what holy moments have you had today?

➤ Written by Brandon Bailey for [Faithfully](#).



The new year is here and with it the opportunity to take stock and set goals with a little help from Pope Francis.

1 Volunteer for a local charity or non-profit.

Let us ask ourselves: Who is forgotten or ignored? What resources do I have to share that might help someone else? How can I reorient my thinking so I am more concerned with what matters to God than what matters to earthly society

2 Stop judging others.

“It is good to ask ourselves what drives us to correct a brother or a sister, and if we are not in some way co-responsible for their mistake.” Instead of nitpicking our neighbours, we can be honest with ourselves about our own shortcomings, making space for compassion instead of criticism.

3 Take Scripture to heart.

“The Word of God, infused with the Holy Spirit, when it is received with an open heart, does not leave things as they were before: never.” The Holy Father’s words remind us that sacred Scripture is alive, that it speaks to us.

4 Take one concrete step to become more environmentally conscious.

If you want to do your part to protect the planet, here is the big takeaway from the pope’s words: You should start now. If there are lifestyle changes you have wanted to make in an effort to be more environmentally conscious, now is the

time to get around to doing them. (You can also start by reading #FaithfulLiving weekly articles)

5 Pray every day. Even when it is hard.

Pope Francis understands your struggle. He acknowledges the forces that can stand in the way of prayer: distraction, spiritual barrenness, sloth. “True progress in spiritual life does not consist in multiplying ecstasies, but in being able to persevere in difficult times: walk, walk, walk on... and if you are tired, stop a bit and then start walking again.”

6 Let go of a grudge or two.

“Never finish the day without making peace. ‘We fought. My God, I said bad words. I said awful things. But now, to finish the day, I must make peace.’ You know why? Because the cold war the next day is very dangerous.” So if you have found yourself being short with your family or friends, Pope Francis has some advice: Don’t end the day angry.

7 Get off social media.

Pope Francis has repeatedly urged people to get off their smartphones and to start communicating with the person in front of them. This year, in a message to journalists, he again warned of “the tyranny of always being online” Even if you are not a journalist, you can take a page from our very offline pope and make 2022 a year filled with real life conversation and friendship

8 Call your loved ones regularly (and truly listen to them)

“When was the last time we visited or telephoned an elderly person in order to show our closeness and to benefit from what they have to tell us?” That was Pope Francis’ question in his homily for the World Day for Grandparents and the Elderly on July 26. “Let us not lose the memory preserved by the elderly, for we are children of that history, and without roots, we will wither,” the pope said. “They protected us as we grew, and now it is up to us to protect their lives, to alleviate their difficulties, to attend to their needs and to ensure that they are helped in daily life and not feel alone.”

Source: “8 New Year’s Resolutions Inspired by Pope Francis”, M. Cahill & A. McKinless (America Magazine, Dec. 2021).

THERE IS NO MISSION WITHOUT CONTEMPLATION

Listening is often referred to as an art — as in the ‘art of listening’. Reams of books have been dedicated to defining ‘how’ to listen, and even define ‘types’— Deep listening, Full listening, Critical Listening, Therapeutic Listening and so forth. Many motivators and healers speak about the difference between hearing and listening, with one comic wisely noting that the biggest mistake by most human beings is that they hear quickly, listen half, understand a quarter and tell double. For some commentators, the real issue is that so many of us are primed to respond even before we have fully heard another’s point of view. We arrive with our minds made up, and it is difficult to hear when we are speaking.

Over the past few months as I have become acquainted with the members of the Seeds of the Word, I have come to see Our Blessed Mother in each one of them: a joyful young woman dressed in simple blue clothes, her life overflowing with the Life of God. The Seeds of the Word is a Brazilian contemplative and missionary community whose mission in Calgary began in 2014. Visiting their home, I have peeked into the community’s life of prayer, penance, and mission, which they live in cheerful hiddenness. Their contagious smiles reveal the treasure of their courageous hearts which have opened to receive and give the gift of God.

The focus of the community is intimacy with Jesus Christ through the Word of God. For them, Jesus is the Precious Seed, whom they receive in personal and communal prayer, and then share with the world. Christmas is the most important feast for the community because of the centrality of the Word of God in their spirituality. Sr. Ana Sophia shares her experience: “I always get emotional at Christmas time when we contemplate that Baby... the Word of God Who came to save the world. It is so powerful to look at Him.”

One of the newest sisters, Sr. Bridget, formerly Alissa Going, from Vauxhall, AB, professed her first vows of poverty, chastity, and obedience on December 3, the feast of St. Francis Xavier. Through these vows, she has made a commitment to her first year of

consecrated life. As Sr. Ana Sophia explains, “the call to consecrated life is a special call from the Lord, not to everyone, but just a few people who He separates from the world to Himself because these people need more than what the world offers us. That’s why we leave everything behind for Him: because those good things are not enough. We need more.”



Consecrated men and women show each of us, whatever our state in life may be, that it is only in giving ourselves to God that we can receive Him. At Christmastime, the Child Jesus reaches His sweet hands out to us in love. In order to truly hold Him in our arms, we must release our mortal grasp on all the things that pass away. If human weakness trembles at the prospect of such self-emptying, it is still when it senses the warmth of love shared in the manger.

Ana, one of the postulants said, “We do not lose anything. We just gain everything.” Sr. Mary Elisabeth remarked that as Sr. Bridget consecrated herself to God, “she was so happy, she was glowing!” It is nothing less than the radiant glow of heaven, in which consecrated people participate on earth.

The community follows Our Lady’s Christmas-time model in being both contemplative and missionary. After receiving the Word of God in her heart and in her womb, our strong and selfless Mother travelled with haste over rough hills to share the gift of God with her cousin Elizabeth. If it is contemplation to receive the embrace of God, it is mission to offer this embrace to others.

The community’s Rule of Life states that “there is no mission without contemplation.” The generous prayer lives of the Seeds of the Word overflow into their lives of mission. They are missionaries in everything they do, lovingly offering each moment of their day for the salvation of souls. “If during the day we don’t go anywhere, we are still missionaries in the house.”

The specific apostolate of the community varies based on the diocese they are in. In Calgary, the Seeds visit schools, parishes and groups to share the Word of God. Their sabbatical year program, which currently takes place internationally, is an opportunity for people of all ages to grow closer to the Word of God and to find their places in the Church. Sr. Bridget took part in the program as a way to take a step forward in discerning her call to the consecrated life.

Ana said of Sr. Bridget, “It was very beautiful to see her courage because if you want to follow Christ you need to be very courageous... to go to another place where God is calling you. It was very beautiful to see how she said yes to God’s plan, whatever it was, even if it was hard for her. We pray that many other people here in the diocese will also answer the call of God, even if it is difficult.”

Each sister in Calgary has left her family and country to share the Word of God in our city. Like Our Blessed Mother, they are eager to travel long distances and surmount tall hills for the sake of sharing the Gospel. I was blessed to be present to bid farewell to Sr. Bridget and Sr. Edith Mary as they left the St. John Paul II house in Calgary to go to the community’s new mission in the Philippines. As the door closed behind them, one of the remaining sisters said with a sad smile on her face, “this is the life of the missionary.”

“Religious life,” Sr. Mary Elisabeth insists, “takes courage to embrace, to say that I will say no to the things the world gives me and to say yes to a life that is hidden many times, a life with sacrifices many times, but a real life, a life with Jesus who is real. It’s not a life of dreams. It’s a real life in which you love God through people. It’s a life offered to others. It’s a life that is given 24/7.”

Regardless of the state of life to which God calls him or her, each Christian is called to a courageous life of contemplation and mission. As Christmas draws near, we are each invited to open our hearts to the Infant Jesus, that Adorable Little Seed, Who wishes to be planted firmly in our souls and to bear the fruits of love, peace, and joy in our lives.

➤ Written by Angela Blach for [Faithfully](#).

How have you experienced **WALKING TOGETHER** AS THE CHURCH?



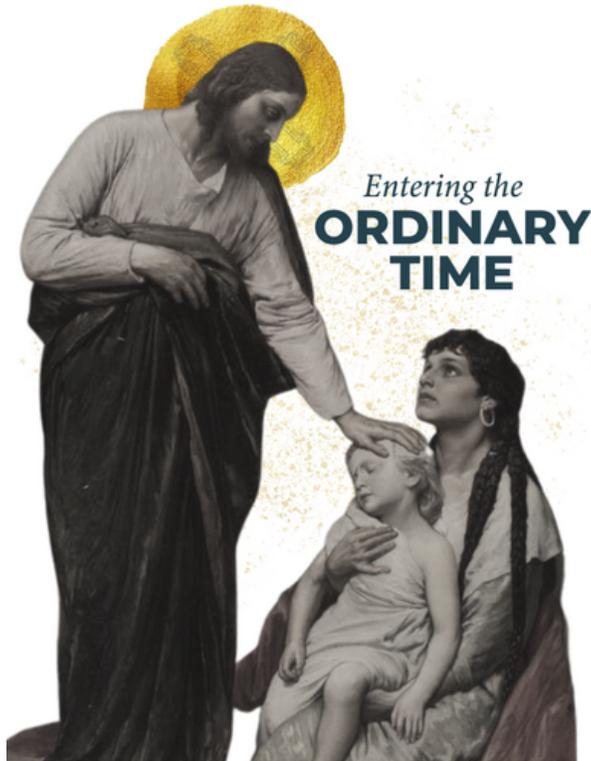
 **CATHOLICYC.CA/ SYNOD**

Bishop William T. McGrattan calls on all faithful, clergy, religious, and consecrated life in the Diocese of Calgary to join him in local synodal gatherings with a renewed commitment to follow the way Jesus has always journeyed with his beloved children, to become a listening Church and a Church of closeness where all can experience being at home and participate in building the Kingdom of God.

Starting January 2022 to May 2022, we will begin the consultation process at the Diocesan and pastoral zone levels, followed by gatherings in parishes, religious communities, lay associations, institutions, and opportunity for online participation.

HOW DO I PARTICIPATE ?

- Diocesan level consultation has been taking place through the Pastoral Discernment Advisory Committee that includes representatives throughout the Diocesan community.
- Pastoral Zone consultations will include participants from all parish lay leadership and pastors.
- Parish and Community consultations will gather all members of Christ’s faithful, particularly those at the margins or who feel excluded.
 - Information will be provided through parish websites and bulletins in February 2022.
- Those who cannot participate in local gatherings will be able to contribute via online platform.



During the Ordinary Time, the Church celebrates the fullness of the mystery of the Lord Jesus. The people of God offer praise by celebrating the Paschal Mystery of the Death and Resurrection of Jesus. Sunday is the original Christian Feast Day. Today's Christian communities continue this tradition by celebrating every Sunday as the day of the risen Lord.

Here's a short list of ways you can fully embrace this liturgical season and get caught up in Christ:

1. Examine your habits.

Your day to day life is typically just a series of habits played out one after the other. If you want your life to change, the first place to look is your habits. A great new habit to start: reading the daily Gospel.

2. Gratitude. Joy always finds its root in gratitude.

Try starting each day by thanking God for five ordinary, everyday things. If you have a family, try going around the table at dinner time and list off things together.

3. Use your imagination to reflect on the daily life of Jesus.

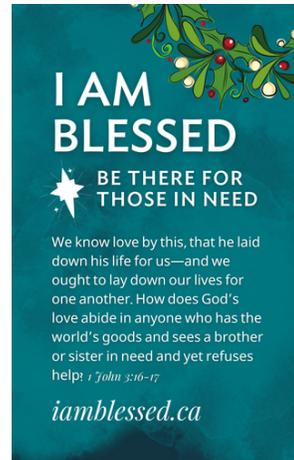
Imagine Jesus doing the simple things. Eating, walking, joking with his friends. Praying. Make yourself a bystander to the Gospel stories in your imagination.

Source: Catholic Telegraph

Updates

Updates on Delegation to Rome

A meeting, originally scheduled in December, between Pope Francis and representatives of Indigenous communities in Canada should be held in the spring, as confirmed by the president of the Canadian Catholic Bishops Conference (CCCCB).. Read more [here](#)



Thank you!

We would like to thank you for your support and participation during the #IamBlessed campaign. Thank you for being there for those in need!

- **Airdrie Knights Dream Vacation Draw**

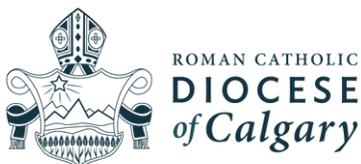
The Airdrie Knights of Columbus invites you to buy ticket(s) for the annual Airdrie Dream Vacation Draw, with monthly draws starting on April 3. There are over \$39k in prizes and all proceeds are going to the charities they support. For more information, see the poster or visit airdriedreamvacation.ca.

- **Laudato Si' Action Platform Launch | Feb. 12**

Learn about the ways you might engage in Laudato Si' in your parish, religious community, university campus, family, or work

Join us for the Canadian Launch of the Laudato Si' Action Platform in Canada. On Saturday, Feb. 12 at 9 AM (MT) with Norman Lévesque, Bishop Jon Hansen, C.Ss.R. (Diocese of Mackenzie-Fort Smith) and the rest of your Catholic family from across Canada to learn more about how your community can engage in the works of Laudato Si'.

REGISTER NOW



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february 26, 2022
coldest night of the year

it's cold out there #cnoy22

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